

Virtual Kit: Support Social Competence Through Strategies for Birth-5

Kit QT

The definition of social emotional development according to the Center on the Social and Emotional Foundations for Early Learning is: "...the developing capacity of the child from birth through five...to form close and secure relationships; experience, regulate, and express emotions in socially and culturally appropriate ways; and explore the environment and learn - all in the context of family, community, and culture." As a child care provider, you want to help develop key social emotional skills will be needed for success in school and later life that include building confidence, the capacity to develop good relationships with peers and adults, concentration and persistence on challenging tasks, the ability to effectively communicate emotions, to listen to instructions and be attentive, and to solve social problems. As adults, we help children learn to form relationships, express emotions, self-regulate, explore with security and develop "emergent" emotional literacy. We can help children develop these skills during one-on-one time, in play, and during routines that establish patterns of caring interactions, by providing quick and predictable responses, cuddling and gentle touch, talking, reading and singing.

Understanding of the importance of social/emotional development has greatly expanded in recent years. We must be prepared to provide a rich learning environment to support the positive social and emotional development of young children, to prevent problematic behaviors, and be prepared to respond should problems occur. We hope through this virtual kit you will have a better understanding of early social emotional development and techniques to help young children form relationships with adults and peers, understand and express emotions appropriately, and use coping strategies to self-regulate.

SHOW ME NOW! - I NEED IT TOMMOROW:

[Center on the Social and Emotional Foundations for Early Learning](#)

[Conscious Discipline](#)

Scroll down to Free Membership: click on link and set up an account. Once your account is set up you can see list of free printable resources for Administrations, Teachers and Parents.

[Early Childhood Mental Health Consultation](#)

WHAT DOES THIS LOOK LIKE IN PRACTICE? - I HAVE A LITTLE MORE TIME TO READ ABOUT THIS

[Zero To Three – Social Emotional Skills](#)

[Teaching Tools For Young Children! User's Manual](#)

[Teaching Tools For Young Children~ Routine Based Support Guide](#)

[CSEFEL Practical Strategies Teaching Social Emotional Skills](#)

[CSEFEL Promoting Social Emotional Competence](#)

[Center for Disease Control and Prevention Developmental Milestones](#)

WHAT DOES THE ECRC HAVE ON THIS TOPIC?

Below are selected resources from the Early Childhood Resource Center. For additional resources related to the literacy go to the [KITS Early Child Resource Center and click on ECRC catalogue](#), or call (620) 421-6550 ext. 1638 for personal assistance.

Barger, S. (1992). Growing together: Feeling, Family, Friends.

Briggs-Gowan, M. J. (2006). Brief infant-toddler social and emotional assessment. Boston, MA: Yale University and the University of Massachusetts.

Brownell, C., & Kopp, C. (2007). Socioemotional development in the toddler years: Transitions and transformations. NY: Guilford Press

Butterfield, P., Martin, C., & Prairie, A. (2004). Emotional Connections; How Relationships Guide Early Learning. Zero to Three Press.

Denno, D. (2010). Addressing challenging behaviors in early childhood settings: A teacher's guide. Baltimore, MD: Brookes Publishing.

Ganz, J., Cook, K., & Earles-Vollrath, T. (2006). How to write and implement social scripts. Austin, TX: Pro Ed.

Katz, L., & McClellan, D. (1997). Fostering children's social competence, The teacher's role. NAEYC.

Landy, S. (2009). Pathways to Competence; Encouraging Healthy Social and Emotional Development in Young Children. Baltimore, MD: Brookes Publishing.

Printz, P., Borg, A., & Demaree, M. A. (2003). A Look at Social, Emotional, and Behavioral Screening Tools for Head Start and Early Head Start. Education Development Center, Inc.

Squires, J., Twombly, E., & Munkres, A. ASQ SE in practice Ages & Stages Questionnaires: Social Emotional A Parent-Completed, Child Monitoring System

Webster-Stratton, C. (2012). Incredible Teachers Nurturing Children's Social, Emotional, and Academic Competence. Seattle, WA Incredible Years.

Play: Problems and Interventions

Supporting Relationships through Engaging Environments

Understanding Temperaments

Understanding Risk and Promoting Resilience in the First Five Years

WHAT COMMUNITY BASES COURSES DOES KCCTO-KITS ITSN OFFER?

Social Emotional Development

Understanding Temperaments

Help! My Horse is in the Waste Paper Basket (Positive Classroom Management)

(To inquire about a specific class, contact the KCCTO Office 800-227-3578 or KITS office 620-421-6550 x 1618 or email kskits@ku.edu)

HOW CAN I GET TRAINING ON THIS TOPIC?

Visit these links to collaborative training calendar:

[KCCTO Training Calendar](#)

[Virtual Lab School](#)

WHAT IF I STILL NEED HELP?

Kansas Early Care and Education providers you may request technical assistance from the KCCTO-KITS Infant Toddler Network Specialists by calling the KCCTO office at 800-227-3578.

EVALUATION

Please take a minute to complete a brief survey to let us know what you think about this virtual kit, and what other topics you would like to see addressed in the future

<https://www.surveymonkey.com/r/HPW8Y8H>

REFERENCES

Conscious Discipline. (2015). Retrieved from <https://consciousdiscipline.com/>

Center on the Social Emotional Foundations for Early Learning. Retrieved from <http://csefel.vanderbilt.edu/index.html>

Zero To Three. (2017). Retrieved from <https://www.zerotothree.org/resources/series/developing-social-emotional-skills>

Center for Disease Control and Prevention. Retrieved from <https://www.cdc.gov/ncbddd/actearly/milestones/index.html>

Virtual Lab School. Retrieved from <https://www.virtuallabschool.org/infants-toddlers/social-emotional/lesson-4>

Center For Early Childhood Mental Health Consultation. Retrieved from <https://www.ecmhc.org/TTYC/index.html>

Teaching Tools for Young Children. Retrieved from http://challengingbehavior.fmhi.usf.edu/do/resources/teaching_tools/teaching_tools2/toc/folder1/G_Routine_Based_Support_Guide_Rev1209.pdf