

## KCCTO Online CLASSES



We offer a variety of professional development opportunities  
and are always adding new ones!

Many of these courses are also available face-to-face in your communities through KCCTO Trainers.

Make sure to visit our website at [kccto.org](http://kccto.org)

Access the course descriptions by clicking on the following link:

<http://kccto.org/programs/online-learning/course-descriptions>

### **Behavior & Guidance**

This course focuses on a variety of ways to encourage positive behavior in young children. It considers the caregiver as the key to guidance and outlines methods of direct and indirect guidance and setting and maintaining rules. In addition it describes common behavior problems, and tips to guide children towards more positive behavior.

**KDHE approved for 3 clock hours**

***CDA Subject Area: 3***

### **Building Skills through Art**

Want to know how you can support children's development through the arts? This course was developed by Kathrine Schlageck, Senior Educator at the Beach Museum of Art at Kansas State University, and shares examples of the many successful early childhood programming activities offered through the museum. Participants in this course will learn the power of art and how it links to physical development, development of the concept of symbols, observation skills, art interpretation & cognitive skills, problem solving, social skills, creativity and interdisciplinary connections. The activities and information provide a deeper level of study into art with young children.

**KDHE approved for 6 clock hours**

***CDA Subject Area: 2***

### **CDA 2.0**

Are you interested in furthering your career while working with young children? The Child Development Associate (CDA) Credential™ is the most widely recognized credential in early childhood education and is a key stepping stone on the path of career advancement. This course provides information about the requirements needed to apply for the CDA, development of the professional portfolio, the verification visit and the CDA Exam.

**KDHE Approved for 4 clock hours**

***CDA Subject Area: 6***



Strong Families Make a Strong Kansas

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### **Child Abuse & Neglect: Identification, Reporting and Prevention**

*This course meets the licensing (KDHE) training requirements for Abusive Head Trauma and Shaken Baby Syndrome Prevention and is one of the 3 courses required by licensing. Course content includes recognizing the types and signs of abuse and neglect, steps in reporting suspected child abuse and neglect and prevention strategies that include appropriate expectations and guidance of young children for child care providers and families.*

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 1***

### **Child Development Level 2**

Want to know more about child development? This course provides an in-depth look at the *Laws of Growth*, the importance of brain development and developmental milestones for infants, toddlers and preschool children. If you have completed the Introduction to Child Development course, then Child Development Level 2 is the next step in your learning.

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 8***

### **Developing Your CDA Portfolio**

Are you a CDA candidate who has completed the course CDA 2.0 and are you almost done with the 120 clock hours of training for the CDA application? Then this course is for you! Course information will provide detailed assistance in developing your professional portfolio which includes gathering resource materials, writing competency statements and receiving feedback.

**KDHE Approved for 6 clock hours**

***CDA Subject Area: 6***

### **Enhancing Communication through #Social Media**

With the increase in technology usage, many look to social media for information, news, and entertainment. This course will provide insight into using a variety of social media outlets to increase communication with families, how to use these outlets maintaining confidentiality, and marketing techniques to promote your child care program.

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 5***

### **Family Child Care Environments**

When providing care within your home it is important to provide a learning environment for children that supports social, emotional, physical, and cognitive development. This course provides ways to organize and arrange areas of your home into a learning environment. Further, learn what messages your environment sends to the children and families you serve, as well as, how to organize the space.

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 1***

### **Family Partnerships**

Developing partnerships with the families in your program is a vital piece of all early childhood environments. The course acknowledges the expertise of both the family and the caregiver and provides information on how to develop relationships with families that will enhance family engagement while meeting the needs of both the children and the families.

**KDHE Approved for 4 clock hours**

***CDA Subject Area: 4***



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### **FLIP IT!**

Learn four supportive steps to help young children identify their feelings, learn healthy self-control, and reduce challenging behavior. The four steps that will be covered in the course are **F**eelings, **L**imits, **I**nquiry, and **P**rompts. *This course was developed for KCCTO online with the permission of the Devereux Center for Resilient Children and in partnership with the FLIP IT author, Rachel Wagner-Sperry, National Trainer and Early Childhood Mental Health Specialist.*

**KDHE Approved for 6 clock hours**

**CDA Subject Area: 3**

### **Harvest for Healthy Kids**

Healthy diets rich in fruits and vegetables are critical for overall health and well-being. Early care and education settings have enormous potential to help children meet the recommendations for daily fruit and vegetable intake. Harvest for Healthy Kids is a nutrition education curriculum aligned with the Head Start Child Development and Early Learning Framework. This course will provide participants with the background information of the curriculum, an understanding of how to implement the curriculum, and access to the weekly activity kits.

**KDHE Approved for 2 clock hours**

**CDA Subject Area: 1**

### **Healthy Routines**

Operating a child care program requires a lot of cleaning. This course offers best practice guidelines on hand washing, diapering, toileting, and sanitizing & disinfection for the child care setting. It also includes helpful information on safe food handling and preparation.

**KDHE Approved for 4 clock hours**

**CDA Subject Area: 1**

### **Healthy Opportunities for Physical Activity and Nutrition (HOP'N)**

The online portion of this course focuses on providing information on how to implement the HOP'N curriculum in your child care program. This twelve-week program focuses on promoting healthy eating habits and physical activity in young children. The curriculum includes activities for group times, dramatic play area, meal times, and parent engagement.

*Please Note: this course is divided into three parts; PART ONE-Online course, PART TWO-Begin Implementing the twelve-week curriculum, and PART THREE-Online course. Upon completion of PART ONE, participants will receive a packet of free materials to assist in implementing the curriculum.*

**KDHE Approved for 10 clock hours**

**CDA Subject Areas: 2 & 4**

### **\*How to Support Breastfeeding Mothers and Families**

Discover how you can provide a vital piece of a breastfeeding mother's success in continuing to breastfeed after she returns to work. The course information covers proper storage and handling of breast milk, behaviors of breastfed infants and the benefits for both the infant and the mother.

**KDHE Approved for 2 clock hours**

**CDA Subject Area: 4**



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**\*Infant Safe Sleep Practices**

*This course meets KDHE licensing requirements for SIDS prevention and Safe Sleep Practices and is one of the 3 courses required by licensing. Learn about the six safe sleep practices to utilize in the prevention of Sudden Infant Death Syndrome in child care settings. Content also covers environmental factors and the creation of a Safe Sleep Policy for your program.*

**KDHE Approved for 2 clock hours**

**CDA Subject Area: 1**

**\*Infant/Toddler Child Development**

Join this class and explore the development of infants and toddlers. Learn about the importance of the following areas: attachment, perceptual development, movement and fine & gross motor skills, brain development, language skills and social emotional development. If you work with infants and/or toddlers, this course provides more in-depth information after completion of Introduction to Child Development.

**KDHE Approved for 2 clock hours**

**CDA Subject Area: 8**

**\*Infant/Toddler Social Emotional Development within Relationships**

*This course is the first of three courses available in a series addressing infant toddler social emotional development. Want to understand social emotional development, behavior and relationships with young children and their families? This course begins the series with information on the dynamic of social emotional development within caregiving relationships, the influences of culture, how behavior is used as a way of communication with strategies to increase your capacity to support infant/toddler social emotional development.*

**KDHE Approved for 8 clock hours**

**\*Infant/Toddler Responsive Routines, Environments and Targeted Strategies to Support Social Emotional Development**

*This course is the second of three courses available in a series addressing infant toddler social emotional development. What does it mean to provide a safe learning environment? This course discusses the keys to connecting the child care environmental physical components, caregiver responsiveness, routines and strategies to support infant toddler social emotional development.*

**KDHE Approved for 8 clock hours**

**\*Infant/Toddler Individualized Intervention: Determining the Meaning of Behavior and Appropriate Responses**

*This course is the third of three courses available in a series addressing infant toddler social emotional development. Join us for a deeper look into the characteristics of challenging behavior of infants and toddlers and discover the link between their behavior and forms of communication. Strategies are introduced to enable a partnership with families to address behavior in the development and implementation of a support plan.*

**KDHE Approved for 8 clock hours**



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### **Introduction to Child Development**

*This course meets the licensing (KDHE) training requirements for information on the development of young children birth to five and is one of the 3 courses required by licensing. This course covers the basic information about child development and the three developmental domains; physical, cognitive and social emotional for infants through preschool. Included is information to link child development to age appropriate activities.*

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 8***

### **Introduction to Designing Environments**

While human relationships play a key role in children's healthy development, the physical and temporal environments also have a significant impact. When environments are engaging, they support children's participation in activities that promote development and learning. This course will assist you in designing the physical space, the contents, and grouping arrangements in the indoor environment.

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 1***

### **Supporting Kansas Families: Child Care Subsidy Program**

The DCF Child Care Subsidy Program helps families pay for child care costs. Families must meet income requirements to qualify for child care assistance, and families use this assistance towards the cost of the care from their chosen child care provider. This course goes through the requirements and process of becoming a DCF child care provider for low income families that are eligible.

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 5***

### **Kansas Early Learning Standards**

This course introduces the 3rd edition of the Kansas Early Learning Standards developed by the Kansas Department of Education. These standards provide information and guidance to early childhood providers and teachers, including early primary grade teachers, on the developmental sequence of learning for children from birth through kindergarten. Providers and teachers will find this a dynamic resource as they plan for activities and engage in conversations with young children and their families around early learning.

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 5***

### **Listen to the Rhythm: Books, Music, & Movement**

This course was developed with the expertise of Margaret Hooton, 2014 Mad Hatter Tea Party Keynote. Extend your everyday music and movement activities by incorporating your favorite children's book! This course will provide you with the basics of music and movement, as well as, the ability to listen to new chants and songs to incorporate with literacy opportunities.

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 2***

### **Mentoring I: Creating Effective Relationships**

Increasing awareness of your strengths, limitations and abilities will help you become an effective mentor. Communication is at the core of mentoring others build their skills and become accomplished early childhood professionals. This course will support mentors to develop appropriate mentoring expectations and build on their skills to build positive relationships.

**KDHE Approved for 6 clock hours**



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### **Mentoring II: Methods and Strategies**

What kinds of observation tools are available to support mentoring? What does it mean to be a reflective practitioner and how do I support my protégé to develop these skills? How can I support active learning and develop leadership skills in my protégé? This course will help you explore and develop your skills as a mentor in each of these areas.

**KDHE Approved for 6 clock hours**

### **Mentoring III: Career Advising & Coaching**

Would you like to learn more about the many career choices available to your protégé? To support the protégé's goals, we'll examine the multitude of training and professional development options at the national and state level. This session will also explore mentoring skills to help each protégé reach their career development goals and leadership potential.

**KDHE Approved for 6 clock hours**

### **More Than Dress Up**

Dramatic play involves much more than providing dress up clothes! Children learn through the interactions with materials and other children how the world works and where they fit in. This course also covers the role of the adult in dramatic play, as well as helping families learn the benefits of dramatic play.

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 2***

### **Movement through Music**

It's time to get moving, have fun and use music! Learn about the effects of childhood obesity in regards to screen time, the importance of incorporating music and movement into the classroom and learn some new ideas for moving through the day.

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 2***

### **Notice, Wonder, Explore...Science with Children**

So just what is 'science'? How can this broad topic be encompassed in one complete definition? Take this course to gain a basic understanding of science in early childhood, the role of the teacher in supporting young children's scientific inquiry, and creating an environment that supports science within the early childhood program.

**KDHE Approved for 4 clock hours**

***CDA Subject Area: 2***

### **Observation Tools to Assess Development**

As a caregiver who works with young children you observe children on a minute, hourly and daily basis. What do you do with all that information? This course will provide a basic understanding of observation tools to assist you in assessing children's development.

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 7***



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### **Orientation to Early Childhood**

When most people think of the early childhood profession, they picture a teacher in a classroom. They do not realize that there are many aspects to the early childhood field, and teaching is just one important part. You may be passionate about children and their overall wellbeing, and know you want to work in the early childhood field, but you do not know where to start or what options are available to you. This introductory course will help you explore those options.

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 6***

### **Play: Problems and Interventions**

Learn how to recognize children who have play problems and how play problems limit the development of skills that lay the foundation for learning. Discover the six behavior patterns that can signal children need help and the process for helping children through observation, reflection and intervention. This course also covers how teachers can use direct support, curriculum activities and peers to help children develop play skills.

**KDHE Approved for 10 clock hours**

**Available for 1.0 C.E.U. (\$10 additional fee)**

***CDA Subject Areas: 3, 4 & 7***

### **Poison Prevention for Child Care Providers**

Poisonings can happen to anyone and anywhere. In 2013, 94% of human exposures occurred at residences, but they can also occur in the workplace, schools, healthcare facilities, and others. This course will assist you in knowing what poison is, who is at risk of poisoning, and how to prevent poisoning.

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 1***

### **Power of Positive Communication**

Whether we are communicating with other adults or children, conflict is most generally avoided and looked upon as a negative experience. What if you had the tools to avoid that negative feeling and tension? This course will help assist you in understanding reactions to conflict in order to better manage your attitudes and constructive communication. It will also assist you in analyzing conflict solutions and the development of conflict resolution strategies that foster teamwork and win-win solutions.

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 5***

### **Preschool Child Development**

Once you've completed Introduction to Child Development, come take a closer look at how preschoolers develop and way to foster their development through play. This course includes information on the developmental domains of cognitive, physical, language, and social emotional development.

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 8***



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### **Preventing Obesity and Promoting Wellness: Movement**

Child obesity is at epidemic levels. One-third of the children in America are carrying too much weight. Through this movement training, gain basic knowledge about the effects of childhood obesity from experts within pediatrics, nutritionists, and child development, as well as, strategies and activities to promote movement activities that promote wellness within early childhood. Through license agreement with Child Care Exchange, view videos from the experts within the field and watch scenes from over 30 innovative early childhood classrooms that are promoting wellness and preventing obesity.

**KDHE Approved for 8 clock hours**

***CDA Subject Areas: 2, 4***

### **Preventing Obesity and Promoting Wellness: Nutrition**

Child obesity is at epidemic levels. One-third of the children in America are carrying too much weight. Through this nutrition training, gain basic knowledge about the effects of childhood obesity from experts within pediatrics, nutritionists, and child development, as well as, strategies and activities to promote proper nutrition through developmentally appropriate practice. Through license agreement with Child Care Exchange, view videos from the experts within the field and watch scenes from over 30 innovative early childhood classrooms that are promoting wellness and preventing obesity.

**KDHE Approved for 8 clock hours**

***CDA Subject Areas: 1, 4***

### **Process and Art Creation**

How do children learn through art experiences and what is the process? This course will provide new ideas and techniques to foster children's creativity, guide you as the teacher in your role and provide ideas for materials and tools to utilize in the art environment.

**KDHE Approved 3 clock hours**

***CDA Subject Area: 2***

### **The Role of Observation**

Who? Where? When? Why? Take this course to answer all of these questions in regards to the importance of observation. Further, gain a better understanding of various tools and forms that can be used to observe the children within your environment, as well as, ways to document children's learning over time to develop informal portfolios.

**KDHE Approved 4 clock hours**

***CDA Subject Area: 7***

### **Signs and Symptoms of Childhood Illness**

Learn the three factors that contribute to children's illnesses and how you can help prevent the spread of illness in your child care program. Discover the importance of a morning health check and policies for when children need to be excluded from care due to illness. Photos are provided of common childhood illnesses along with symptoms to look for in assisting your communication with families about their child's health.

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 1***



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### **Sound the Alarm: Emergency Preparedness in Child Care**

Do you know what to do if an emergency happens while you are responsible for children in your care? What happens when the electricity goes out, a water pipe breaks or sirens sound the alarm of a tornado warning? This course covers best practice in preparing child care programs in the case of an emergency situation and provides information to get organized, prepared and ready!

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 5***

### **Supporting Relationships through Engaging Environments**

An engaging environment filled with child-guided experiences and teacher support plays a central role in children's development of social-emotional competence. In this course, you will learn strategies to support social and emotional development that work not only with large groups of children, but with small groups and individual children as well.

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 3***

### **Teaching Strategies to Enhance Transitions**

Are cleanup times and activity changes stressing you and the children out? Transitions occur multiple times throughout the day in early childhood programs. In this course, participants will explore the importance of planning for transitions and learn the components of an effective

transition to help make everyone's day go more smoothly!

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 2***

### **Tips & Tools for Contracts & Policies**

Whether you are a seasoned early childhood professional or just starting your career, this course offers information on the importance of contracts, procedures and policies for your child care program. You will learn about family-friendly ways to create and implement contracts and policies that are easy to understand, fair and comprehensive. Information will also be included to provide that your program's contracts and policies meet state licensing, legal and the Department for Children and Families requirements.

**KDHE Approved for 4 clock hours**

***CDA Subject Area: 5***

### **Tooth Brushing: Easy as 1-2-3**

Dental disease is a silent national epidemic in which nearly 1 in 3 preschoolers are already affected by tooth decay. Promoting good oral health early assists with the overall health of a child. This course will provide an overview of the importance of oral health in young children, the elements that cause tooth decay, and how to implement a tooth brushing routine into daily activities.

**KDHE Approved for 2 clock hours**

***CDA Subject Area: 1***



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### **Understanding Temperaments of Young Children**

A child's temperament influences their style of interaction, but also, the way that he or she understands and experiences the world and the people in it. This course will you in understanding the traits of the various temperaments and how adjustments can be made in your approach or environment when working with these various temperaments.

**KDHE Approved for 3 clock hours**

***CDA Subject Area: 3***



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