

## **VIRTUAL kit: Supporting Children and Families Experiencing Divorce**

### **kit QT**

In the United States, 1 in 5 marriages end in less than 5 years, resulting in many young children experiencing the divorce or separation of their parents. Often child care providers offer a constant and consistent presence in the child and family's life during this major transition. This puts care providers in a position to positively support the child and family during this traumatic time. The following resources can help you guide your thinking as you support families and children.

### **SHOW ME NOW – I NEED IT TOMORROW**

[Divorce With an Under-3 In the House: What You Need to Know](#)

[Talking to Very Young Children About Divorce](#)

[How to Support Children After Their Parents Separate or Divorce](#)

[One Kid, Two Families: 8 Ways Schools Can Support Families Going Through a Divorce](#)

[19 Children's Books About Divorce](#)

### **WHAT DOES THIS LOOK LIKE IN PRACTICE? (I HAVE A LITTLE MORE TIME TO READ ABOUT THIS)**

[Helping Children Adjust to Divorce: A Guide for Teachers](#)

[Two Homes, One Classroom: Inclusive Practices that Work](#)

[Here For You Always: Supporting Your Grandchildren Through a Parental Separation or Divorce](#)

[Co-Parenting Tips When You're No Longer Together](#)

### **WHAT DOES THE ECRC HAVE ON THIS TOPIC**

Below are selected resources from the Early Childhood Resource Center. For additional resources go to the [KITS website](#) and access the Early Childhood Resource Center catalog by clicking on [ECRC](#), or call (620) 421-6550 ext. 1638 for personal assistance.

Miller, K. (1996). *The crisis manual for early childhood teachers: How to handle the really difficult problems*. Gryphon House.

### **HOW CAN I FIND TRAINING/TRAINING MATERIALS ON THIS TOPIC?**

[Helping Children Through Divorce and Separation Online Course—Institute of Child Psychology](#)

- [KCCTO-KITS ITSN Community Based Training](#)
- Visit these links for collaborative training calendars:
  - [KCCTO Training Calendar](#)
  - [KITS Training Calendar](#)

To inquire about a specific courses, contact the KCCTO office 785-532-7197 or visit [KCCTO.org](#)

**IF YOU THOUGHT THIS WAS HELPFUL YOU MIGHT ALSO LIKE:**

[Building Resiliency in Children and Families](#)

[Support Social Competence Through Strategies for Birth-5](#)

[Understanding and Embracing Your Stress Through Self Care](#)

**WHAT IF I STILL NEED HELP?**

You may request technical assistance from the KCCTO-KITS Infant Toddler Network Specialists by calling the KCCTO office at 800-227-3578.

**EVALUATION**

Please take a minute to complete a brief survey to let us know what you think about this virtual kit, and what other topics you would like to see addressed in the future.

<https://www.surveymonkey.com/r/FZ5B8VV>